

Outdoor Recreation, A.S.

Fall 2010

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| Student needs to take the following courses: | <input type="checkbox"/> ENGL 099 - Basic Writing Skills |
| | <input type="checkbox"/> MATH 090 - Developmental Math |
| | <input type="checkbox"/> MATH 095 - Beginning Algebra |
| | <input type="checkbox"/> RDNG 099 - Reading & Vocabulary Skills Development |
| | <input type="checkbox"/> RDNG 116 - College Reading and Study Skills |
| Other Coursework Needed - See Below | |

| Course Requirement | Course Title | Credits | Min. Grade | Grade Earned T - Transfer | Semester Completed |
|--------------------|--------------|---------|------------|------------------------------|--------------------|
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FIRST YEAR

FALL

| | | | | | |
|----------------------------------|----------------------------|-----|---|--|--|
| CAPS Elective ⁺ | | 1 | | | |
| CAPS Elective ⁺⁺ | | 1 | | | |
| ENGL 100 | Academic Writing I* | 3 | C | | |
| FITN 102 | Swimming II** | 1 | | | |
| SUNY GEN ED Mathematics Elective | | 3-4 | | | |
| PSYC 103 | Introduction to Psychology | 3 | | | |
| RECR 110 | Introduction to Recreation | 3 | | | |

Total Credits **15-16**

SPRING

| | | | | | |
|----------------------------------------------------------|---------------------------|-----|--|--|--|
| ENGL 101 | Academic Writing II | 3 | | | |
| FITN 216 | Lifeguard Training** | 2 | | | |
| Outdoor Activity Elective | | 1 | | | |
| RECR 120 | Leadership in Recreation | 3 | | | |
| SOCI 101 | Introduction to Sociology | 3 | | | |
| SUNY GEN ED Natural Sciences OR The Arts Elective | | 3-4 | | | |
| Unrestricted Elective ⁺⁺⁺ | | 1 | | | |

Total Credits **16-17**

SECOND YEAR

FALL

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|---------------------------------------|------------------------------------------------------------|-----|--|--|--|
| BIOL 115 | Field Natural History | 3 | | | |
| ENGL 102 OR ENV5 105 | Approaches to Literature OR Environmental Ethics*** | 3 | | | |
| SUNY GEN ED Foreign Language Elective | | 3-4 | | | |
| RECR 210 | Diversity & Inclusion in Recreation | 3 | | | |
| RECR 274 | Outdoor Recreation Pursuits | 3 | | | |

Total Credits **15-16**

SPRING

| | | | | | |
|----------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-----|--|--|--|
| ENGL 201 | Fundamentals of Speech | 3 | | | |
| SUNY GEN ED American History OR Western Civilization Elective | | 3 | | | |
| RECR 150 | Play Across Cultures | 3 | | | |
| RECR 220 | Programming in Recreation & Leisure | 3 | | | |
| RECR 260 | Outdoor Education and Camp Counseling | 3 | | | |
| RECR 276 OR RECR 284 OR RECR 285 | Outdoor Recreation Proficiency OR Outdoor Recreation Field Adventure OR Recreation Field Work | 1-3 | | | |

Total Credits **16-18**

Minimum Semester Credits Required for Graduation: 62-67

See back page for SUNY General Education and Liberal Arts & Sciences Disciplines/Courses

Note: Outdoor Activity Electives: FITN 109, FITN 110, FITN 119, FITN 120, FITN 221, RECR/FITN 160, RECR/FITN 161, RECR/FITN 162, RECR/FITN 163, **or** RECR/FITN 164.

+ CAPS 100, 105, 111, 113, 141, 145, **or** 152 recommended.

++ CAPS 121, 123, 131, 133 **or** 141 recommended.

+++ CAPS 121, 123, **or** 131, 133, 141, **or** HLTH 126, **or** an Outdoor Activity Elective recommended.

* A student exempted from ENGL 100 must substitute a three credit liberal arts elective. The course should be selected in consultation with the student's advisor.

** A student who can demonstrate the swimming proficiency required for FITN 216, Lifeguard Training, or who can provide documentation of a valid/current lifeguarding certification from a national agency may substitute an Outdoor Activity Elective.

*** Students intending to transfer to SUNY Cortland should take ENGL 102.