

Tompkins Cortland Community College Counseling, Career & Transfer Services

Phone
607.844.8211 Ext. 4260

Web Site
www.TC3.edu/Counsel

Where To Find Us

We are located in Room 216, at the top of the staircase at the front of the main building (yellow area). The Office of Counseling, Career & Transfer Services is a place where professional staff can assist you in reaching your goals. Office hours are Monday through Friday, 8:30am to 4:00pm. Evening appointments may be arranged.

Counseling Services

Counseling is a confidential relationship with a person who is professionally trained to help you discuss your concerns. The Counseling staff assists students with a wide range of personal, academic, and career issues. In addition to individual counseling, support groups and educational programs are provided.

Employment Services

Students seeking full- or part-time employment can receive assistance in resume development, cover letter writing, effective job search, and interviewing skills for today's job market. Current job openings are posted on our department web site (or go directly to www.TC3.edu/JobConnect) and on the job board at the entrance to Counseling, Career & Transfer Services.



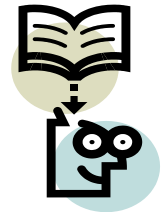
Transfer Services

Students interested in transferring to a four-year college or university are advised to start planning early. Our office has a variety of resources available to assist you, from researching schools to filling out applications. Transfer counselors offer information sessions each semester and encourage students to attend the fall College Day/Night

program and Spring Transfer Day. Information regarding TC3's articulation agreements is available. Appointments can be arranged to discuss individual plans.

College & Career Information Center

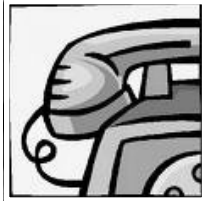
The College and Career Information Center (CCIC) is a library with a variety of resources, which can help you in planning for your future. These include resource books covering topics such as careers, the job search, and college selection. The CCIC also has catalogs for most colleges in New York state, and applications to many colleges and universities. The CCIC has computer stations with Internet access to additional college and career resources. The College and Career Information Center is open during office hours.



Counseling, Career & Transfer Services Staff

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|----------------------|---------------------------|
| Alicia Aiken | Pathways Advocate |
| Ali Beach | Counselor |
| Hal Brown | Counselor |
| Becky Clark..... | Counselor |
| Alexis Dengel ... | PACE/Pathways Coordinator |
| Joan Donovan..... | Coordinator/Counselor |
| Joshua Eberle | Counselor |
| Teri Evener | Secretary |
| Meg Garvey | Coordinator/Counselor |
| Connie Murray | Secretary |
| Heather Stevens..... | Transfer Coordinator |
| Susan Williams..... | Counselor |

Important Telephone Numbers



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| Counseling, Career & Transfer Services | 607.844.8222 x4260 |
| Crisis Hotline (Tompkins) | 607.272.1616 |
| Crisis Hotline (Cortland) | 607.756.3771 |
| Planned Parenthood (Ithaca) | 607.273.1513 |
| Jacobus Center for Reproductive Health (Cortland) | 607.753.5027 |
| Advocacy Center (Ithaca) (domestic violence/sexual assault) | 607.277.5000 |
| Aid to Victims of Violence (Cortland) | 607.756.6363 |
| Alcoholics Anonymous (Ithaca) | 607.273.1541 |
| Alcohol & Drug Council of Tompkins Co. | 607.274.6288 |
| Alcoholics Anonymous (Cortland) | 607.753.1344 |
| ASI of Cortland LLC (substance abuse) | 607.756.4167 |
| Seven Valleys Council on Alcoholism & Substance Abuse (7VCASA) | 607.756.8970 |
| Drug Abuse Information Line | 800.522.5353 |
| Suicide Prevention (Tompkins) | 607.272.1616 |

Upcoming Events - Spring 2012:

Transfer Information Sessions-Room 216

FEBRUARY

Monday, February 6, 11-12 pm
Tuesday, February 14, 12-1 pm
Wednesday, February 22, 1-2 pm

MARCH

Thursday, March 1, 11-12 pm
Friday, March 9, 12-1 pm
Tuesday, March 13, 1-2 pm
Wednesday, March 28, 11-12 pm

APRIL

Thursday, April 5, 12-1 pm
Wednesday, April 11, 1-2 pm
Monday, April 23, 11-12 pm

MAY

Tuesday, May 1, 12-1 pm

If you plan to transfer to a four-year college or university after completing your studies at TC3, you should attend one of these informative information sessions.

**For additional dates and details, visit our website:
www.TC3.edu/Counsel**