

Tompkins Cortland Community College Counseling, Career & Transfer Services

Phone
607.844.8211 Ext. 4261

Web Site
www.TC3.edu/Counsel

Where To Find Us

We are located in Room 216, at the top of the staircase at the front of the main building (yellow area). The Office of Counseling, Career & Transfer Services is a place where professional staff can assist you in reaching your goals. Office hours are Monday through Friday, 8:30am to 4:00pm. Evening appointments may be arranged.

Counseling Services

Counseling is a confidential relationship with a person who is professionally trained to help you discuss your concerns. The Counseling staff assists students with a wide range of personal, academic, and career issues. In addition to individual counseling, support groups and educational programs are provided.

Employment Services

Students seeking full- or part-time employment can receive assistance in resume development, cover letter writing, effective job search, and interviewing skills for today's job market. Current job openings are posted on our department web site (or go directly to www.TC3.edu/JobConnect) and on the job board at the entrance to Counseling, Career & Transfer Services.



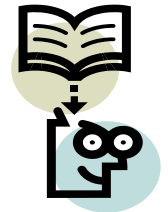
Transfer Services

Students interested in transferring to a four-year college or university are advised to start planning early. Our office has a variety of resources available to assist you, from researching schools to filling out applications. Transfer counselors offer information sessions each semester and encourage students to attend the fall College Day/Night

program and Spring Transfer Day. Information regarding TC3's articulation agreements is available. Appointments can be arranged to discuss individual plans.

College & Career Information Center

The College and Career Information Center (CCIC) is a library with a variety of resources, which can help you in planning for your future. These include resource books covering topics such as careers, the job search, and college selection. The CCIC also has catalogs for most colleges in New York state, and applications to many colleges and universities. The CCIC has computer stations with Internet access to additional college and career resources. The College and Career Information Center is open during office hours.



Counseling, Career & Transfer Services Staff

Amy Trueman	Director
Ali Beach	Counselor
Hal Brown	Counselor
Becky Clark.....	Counselor
Alexis Dengel	PACE Coordinator
Teri Evener.....	Secretary
Meg Garvey	Counselor/Transfer
Connie Murray	Secretary
Taf Squires	Counselor
Heather Stevens.....	Transfer Coordinator
Freida Zuckerberg	LEAP Coordinator

Important Telephone Numbers



Counseling, Career & Transfer Services	607.844.8222 x4261
Crisis Hotline (Tompkins)	607.272.1616
Crisis Hotline (Cortland)	607.756.3771
Planned Parenthood (Ithaca)	607.273.1513
Jacobus Center for Reproductive Health (Cortland)	607.753.5027
Advocacy Center (Ithaca) (domestic violence/sexual assault)	607.277.5000
Aid to Victims of Violence (Cortland)	607.756.6363
Alcoholics Anonymous (Ithaca)	607.273.1541
Alcohol & Drug Council of Tompkins Co.	607.274.6288
Alcoholics Anonymous (Cortland)	607.753.1344
ASI of Cortland LLC (substance abuse)	607.756.4167
Seven Valleys Council on Alcoholism & Substance Abuse (7VCASA)	607.756.8970
Drug Abuse Information Line	800.522.5353
Suicide Prevention (Tompkins)	607.272.1616

Upcoming Events - Fall 2009:

Transfer Workshops Room 216

Tuesday, September 8, 11-12 pm
Wednesday, September 16, 12-1 pm
Thursday, September 24, 1-2 pm
Friday, October 2, 11-12 pm
Monday, October 5, 12-1 pm
Wednesday, October 14, 1-2 pm
Thursday, October 22, 11-12 pm

Friday, October 30, 12-1 pm
Monday, November 2, 1-2 pm
Wednesday, November 11, 11-12 pm
Thursday, November 19, 12-1 pm
Friday, December 4, 1-2 pm
Monday, December 7, 11-12

If you plan to transfer to a four-year college or university after completing your studies at TC3, you should attend one of these informative workshops.

**For additional dates and details, visit our web site:
www.TC3.edu/Counsel**